

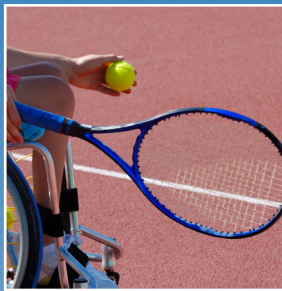
# Ability Counts

## A Sports and Arts Activity Day for Disabled Adults

No need  
to book - just  
turn up

**Tuesday 12 July 9.30am - 1pm**

Southwater Leisure Centre, Pevensey Road, Southwater. Cost **FREE**  
Light refreshments are available to purchase in the on-site cafe



### PROGRAMME

TIME	ACTIVITY	VENUE
9.30am – 11.00am	Table Tennis	Sports Hall Court 1
9.30am – 11.00am	New Age Kurling	Sports Hall Court 2
9.30am – 11.00am	Short Mat Bowls	Sports Hall Court 2
9.30am – 11.00am	Tennis	Sports Hall Court 3
10.45am – 11.45am	Dance	Lardener Hall
11.00am – 11.45am	Urban Rebounding	Sports Hall Court 3
11.00am – 12noon	Cricket	Outside on field
11.00am – 12noon	Badminton	Sports Hall Courts 1 + 2
12noon – 1.00pm	Percussion	Lardener Hall
12noon – 1.00pm	Football	Outside on field
12noon – 1.00pm	Table Tennis	Sports Hall Court 1
12noon – 1.00pm	Boccia	Sports Hall Court 2
12noon – 1.00pm	Trampolining	Sports Hall Court 3

If you have any questions relating to this day please contact Paul Taylor on 01403 215637 or paul.taylor@horsham.gov.uk www.horshamleisurelink.co.uk



**Horsham  
District  
Council**

serving our towns and villages